

Physical Education

Year 8

We hope this curriculum overview helps parents / carers to understand more about our curriculum, and to support students to continue learning at home. Please visit the subject page of our website to find more detailed information about the curriculum.

Subject	What are students learning in lessons?	What could students do to extend their learning and develop their character?
Autumn Term 1	Each set will study one of the following sports: netball, rugby, table tennis, badminton, trampolining, football or handball. For each sport students learn: preparation, execution, follow through for skills, basic rules of the sport, competitive gameplay.	Be curious: follow a FIFA World Cup qualifying match or Autumn Nations Championship rugby fixture and create an athlete profile.
Autumn Term 2	Each set will study one of the following sports: basketball, hockey, rugby, table tennis, badminton, trampolining, football or handball. For each sport students learn: preparation, execution, follow through for skills, basic rules of the sport, competitive gameplay.	Be curious: follow the Trampoline World Championships or Autumn Nations Championship and create a highlights poster.
Spring Term 1	Each set will study one of the following sports: fitness, OAA, table tennis, badminton, trampolining, football or handball. For each sport students learn: preparation, execution, follow through for skills, basic rules of the sport, competitive gameplay.	Be curious: follow the Australia Open Tennis, Six Nations Rugby Championship, or Alpine Ski World Championships. Be a TV pundit and record an analysis.
Spring Term 2	Each set will study one of the following sports: fitness, basketball, table tennis, badminton, trampolining, football or handball. For each sport students learn: preparation, execution, follow through for skills, basic rules of the sport, competitive gameplay.	Be curious: follow the ICC Women's Champions Trophy and write or record an analysis of a key match or player performance.
Summer Term 1	Each set will study one of the following sports: athletics, Rounders, tennis, cricket, softball or stoolball. For each sport students learn: preparation, execution, follow through for skills, basic rules of the sport, competitive gameplay.	Be curious: follow The Masters or PGA Championship and create a comparison profile of two golfers.
Summer Term 2	Each set will study one of the following sports: athletics, Rounders, tennis, cricket, softball or stoolball. For each sport students learn: preparation, execution, follow through for skills, basic rules of the sport, competitive gameplay.	Be curious: follow Wimbledon or the Tour de France and write a feature article explaining the highlights of the event.

	Assessment	Home Learning
How should I plan my time?	Students think hard and answer lots of questions every lesson. Students practice and get feedback on their work. Exam: Students will not sit an exam.	Character tasks to continue the joy of learning beyond the classroom.